



Post-operative wound care instructions

- It is very important for the first 24 hours after your procedure, you engage in NO activity that may increase your risk of bleeding (bending over, picking up heavy objects, exercising, etc.).
Call the office if you experience a sudden increase in swelling (407-992-9229)
- Please do not remove the steristrips placed on your wound.
- Do not wear anything that may put pressure on your wound.
- If you have a Tegederm dressing applied to your wound, you may shower at any time after surgery. If you have only steristrips, please keep the wound dry for 48 hours. Never soak your wound by taking a bath.
- Do not apply creams or lotions to the wound, until seen by the physician
- If a wound drain is placed do not shower until it is removed. Make sure the suction bulb is not filled with air. Record all drainage before emptying the bulb.
- Please take all prescribed medications as directed.
- Please call the office if:
 1. Pain persists longer than a few days and is intensifying.
 2. There is unusual or increased redness and swelling around the incision.
 3. Yellow or green drainage is noted from the incision site
 4. Fever develops greater than 101.5